

WEEK # 3

Menu 2016

WEEK # 3

Breakfast Menu Items For The Week						
Oatmeal Cold Cereal Cream of Wheat	Eggs Any Style Bacon	Toast Assorted Muffins	Milk	Assortment Of Fruit Juices	Tea Coffee	1/2 Grapefruit 1/2 Orange Bananas

	Nov. 21 MONDAY	Nov. 22 TUESDAY	Nov. 23 WEDNESDAY	Nov. 24 THURSDAY	Nov. 25 FRIDAY	Nov. 26 SATURDAY	Nov. 27 SUNDAY
D I N N E R	Cream of Mushroom * Liver and Onion Mashed Potatoes Yellow Beans Pears	Barley Soup Sweet and Sour Pork Mashed Potatoes Rice Broccoli Squares	Beef Noodle Soup Deep Fried Chicken Mashed Potatoes Carrots Apple ,cranberry and pear crisp	Vegetable Soup Boiled Dinner Mashed Potatoes or Boiled Cabbage Turnip Carrots Melon	Hamburger Soup Poached Fish White Sauce Mashed Potatoes Peas Peaches	Cream of Chicken BBQ Rib Mashed Potatoes Rice Green Beans Grapes	Rice Soup Baked Ham Scalloped or Mashed Potatoes Cream Corn Pie
S U P P E R	Cream of Mushroom Chicken Sandwich Cole Slaw Spice Cake	Barley Soup Rappie Pie Brown Bread Fruit Cocktail	Beef Noodle Soup Spaghetti and Meatsauce Garlic Bread Pudding	Vegetable Soup Pancake Sausage Pineapple Cake	* Hamburger Soup Pizza Salad Pumpkin Tarts	Corn Chowder Cheese Biscuit Apple Sauce	Rice Soup Corned Beef Hash Sliced tomato & Sliced Cucumber Mousse

Menu may change without notice

HS Snack Menu Sweet Bread	Pudding	Danish	Toast	Nutri Grain Bars	Cookies	Crackers With Peanut Butter or Cheese
----------------------------------	---------	--------	-------	------------------	---------	---